

HUMAN RIGHTS EDUCATION CORE COMPETENCIES¹
For Young Adults and Adult Learners
Draft for Discussion – 12/09

Knowledge & Understanding (range: awareness to understanding) Learn about....	Attitudes & Values Develop predispositions for....	Skills & Behaviors Demonstrate...
History and philosophy of human rights; 3 generations of human rights; 3 dimensions of human rights (legal, political, ethical) origins of the United Nations; UDHR	Valuing of and engagement with human rights and justice/ injustice themes	Ability to describe historical and contemporary political and social processes using human rights language
International human rights standards (ICCPR, ICESCR and other treaties of special relevance to learners)	Link between rights and responsibilities	Application of human rights framework to personal experiences
Arguments for and against universal human rights; indivisibility of rights; rights in conflict with one another	Caring/empathy for those suffering human rights violations (especially more vulnerable groups)	Distinction between duty bearers and rights holders
Human rights mechanisms and accountability at the international and national levels (including institutions and actors)	Motivation to communicate with others about human rights	Recognition of HR violations, including their root causes and consequences
Human rights principles (link w/standards; participation; non-discrimination; capacity development; accountability)	Motivation to take action to promote and protect human rights	Analysis of power relationships and roles of actors
Contextual factors influencing a human rights situation	Critical stance based on the idea and concept of human rights	Personal empowerment and leadership abilities
Relationship between human rights, peace & security, development, and globalization	Commitment to not being a bystander when rights are violated	Individual and collective strategies to express points of view; carry out public awareness activities; organize public actions; influence mainstream politics

¹ These HRE competencies have been drafted by F. Tibbitts, B. van Driel, C. Sganga, P. Kirchschräger and M. Sinclair. Comments and suggestions are welcomed. Please e-mail <ftibbitts@hrea.org>.

Link between human rights situations (enjoyment, violations) at local, national, regional and global levels		
Human rights 'heroes', including their motivations and accomplishments		